

I think of myself as an elder of our global cranial tribe.

My aim in these pages is to share with you my ongoing passion for BCST and to keep you updated about seminars and other opportunities for learning and sharing.

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THE LANGUAGE OF POTENCY

The language of Potency is the bedrock of Biodynamic practice. As Hermes was the messenger of the gods, so the Potency is the intermediary between the Breath of Life and the embodied being; a bridge between the numinous, omnipotent, mysterious presence and the subtle physiology of the living body.

Hermes' winged sandals allowed him free movement between the heavens, the earth and the underworld, so Potency gives us access to the known, the not-yet known and, at times, the seemingly unknowable. Once we learn to trust its unerring intelligence, we can truly rely on it to orchestrate the healing priorities which arise from within in a precise, unfathomable order.



As we tune in to Primary Respiration our hands can discern the many countenances of Potency. Potency as an animating force, the drive behind the polyrhythmic tidal motion which pre-exists and is independent of biological mechanisms. Potency as liquid light, the fluid within the fluid, glistening in the entire fluid body and with an extra radiance in the cerebrospinal fluid which bathes the CNS at the core of our structure. Potency as a bioelectric

field, an ethereal medium, which permeates and suspends the physical cellular body; a luminous sheath akin to the koshas of ancient Vedic tradition and perhaps like the aura recognised in psychic healing and captured by Kirlian photography.

Hermes was a multifaceted character; he had many guises and hence was known as a trickster. Similarly, the ways of Potency can be baffling and enigmatic until you learn its language. Potency has its own vocabulary, its own eloquence, its own lucidity. Over the decades I have encountered many examples of the speech of Potency. A frequent occurrence, during the initial seeking phase of the healing process, is the way the potency coils deeper into the very core of an inertial fulcrum. There is already a lot of potency condensed at this site, protecting the rest of the organism in a compensatory manner. Even so, more Potency gathers from the field like a dervish and ignites the very heart of the fulcrum. In the depth of a state of balance, there can be a tiny eruption of potency from this kernel which magnifies and spreads. This is followed by a morphing of the tissues and fluids as rhythmic motility returns.



Another idiom of Potency is the illumination of the quantum midline. This phenomenon usually appears towards the end of a session once some essential housekeeping has been completed. In the depth of stillness, the quantum midline emerges vividly and the ignition centres at the third eye, the heart, and the navel dazzle with an intensity of liquid light. It puts me in mind of a sun pillar, a natural phenomenon.



As it takes care of business, the Potency can highlight an historic imprint. As you engage this tissues memory, the potency can automatically shift, like luminescence streaming through the fluid body, accentuating related regions of stasis and sweeping them aside. In this way the Potency exhibits its healing capacity both at the spotlighted fulcrum and in the wider surround.

Then there is the magic, a dimension of the language of Potency which leaves us speechless. We follow the Potency innocently into mystery and find ourselves united with the client in an emergent, tender, embryonic state, beyond the reach of human language. Such an experience is often deeply affecting. It needs nothing from us but our presence and trust in the Potency of the Breath of Life.

Becoming fluent in the language of Potency is the path of life-long learning for biodynamic practitioners.